

SOMERSET HOUSE NEWSLETTER



SPRING 2019 | ISSUE 17

New to Somerset House: Golden Toes Seated Dance

In celebration of St Patrick's day we welcomed the lovely Polly, from Golden Toes, who led us in a thoroughly enjoyable Irish dancing session.

She started with warm up exercises, many of which were familiar from our own regular flexercise sessions. Polly then gave us a demonstration of an Irish dance.

Next it was our turn! Polly taught us some of the steps and showed us how we could join in from our armchairs. Finally, she danced with everybody in turn, either seated or standing as appropriate.



We are all looking forward to seeing Polly again for our next session which will be "Golden Gatsby", the 1920's Charleston. Future sessions include Morris, Ballroom, Bollywood, Barn and 50's Jive dancing.



Activities & Entertainment

Winter Variety Show

SG Productions made a return visit between Christmas and New Year with their Winter Variety Show, which was thoroughly enjoyed by all.



Who said the King is dead – Elvis was in the building to serenade us!!!

And as for the fairy “nobody loves when she’s 40”, I think this one melted our hearts just a little bit. We were treated to performances by the Pearly King and Queen, Mary Poppins and others with a beautifully sung finale of classic Christmas carols.

We are now looking forward to our next show, which will be “Hold Tight, It’s Fifties Night!”



Curzon Front Room Cinema

Curzon FRONT ROOM CINEMA PRESENTS

“Victoria and Abdul”

Starring Judi Dench and Ali Fazal, this tells the story of the close relationship between Queen Victoria and her Indian Muslim servant, Abdul Karim and the consternation this causes at court

Somerset House, Yatton
2.30 pm
Tuesday 2 April 2019

Front Room Cinema is brought to you by: **Curzon CINEMA & ARTS**

The Lochrian family folk band were We were very pleased to welcome back the team from the Curzon Cinema, bringing their Front Room Cinema portable projection equipment. The film we chose to watch was Victoria and Abdul, which proved to be a great choice and was very much enjoyed by all.

“It really felt like we had been out to the cinema, with the popcorn and the ice creams.”

“It was interesting and sad, and something I didn’t know about. I had never heard of Abdul coming over.”

“The film was beautifully produced.”

“Very nicely done!”

“Amazing, when’s the next one?”

Mini Bus Trips

Our ever popular mini bus trips resume on the first Monday after the May Bank Holiday, as the May Bank Holiday is late in the month this year the first one will be on Monday 13th May. They will then continue every Monday until the clocks change at the end of October, weather permitting and excluding Bank Holidays.



We are lucky to have the use of the Yeo Valley LIONS minibus, together with a team of their lovely volunteer drivers who always manage to make our trips out just a little bit more special. This may include an interesting magical mystery tour route to reach our destination or music to sing along to or bring back memories en route and, always, a friendly welcome.

Somerset House Hedgehog Update

Our baby hedgehog rescued last year, and hand reared by Tom our gardener, has come out of hibernation and will shortly be moved into the new house Tom is building for him by the shed. The nursery children joined us to welcome him back and, after several imaginative name suggestions, we have named him Spike. The children, with the help of the residents, drew pictures of him which will be displayed in the garden room.



Save The Dates

We are pleased to say we have successfully booked the entertainment, chosen by the residents, for our Summer Garden Party and Christmas Party. We thought it would give you as much notice as possible so you can put the dates in your diaries. Invitations will be sent out nearer the time.

The Summer Garden Party will be on **Saturday 20th July 3.00 – 6.00 p.m.** Entertainment will be provided by The Lochrian Ceilidh Band who have proved very popular in previous years.

The Christmas Party will be on **Wednesday 18th December 6.00 – 9.00 p.m.** Entertainment will be provided by The Filtonaires.



SOMERSET HOUSE

NEWS



CQC Inspection Report January 2019



As many will know, the Care Quality Commission who regulate the care industry, undertook an inspection of Somerset House in mid January 2019.

We were pleased to maintain our “Good” ratings for three key lines of enquiry, namely that we are Caring; Responsive; and Effective in the services we provide. These areas underpin ethos of what we do at Somerset House.

However, we were obviously disappointed and a little frustrated with the fact the Inspector felt we require improvement in two areas of the five key lines of enquiry.

Specifically, the CQC highlighted a shortage of handwashing soap and paper towels for staff to use in residents’ bedrooms, coupled with the use of fabric towels in communal bathrooms. In addition, there was concern over the risk of hot surfaces – particularly radiators – in residents’ rooms/communal areas. Neither of these issues had been raised on previous inspections by CQC nor North Somerset Compliance teams in the eight years since Kingfisher has owned Somerset House. However, we take such matters and the safety of our residents very seriously.

Improvements in respect of infection control were implemented immediately, and as you will have noticed, radiator covers are being installed throughout the premises over a three month programme. Apologies for any disturbance whilst this is done. We must wait for a reinspection to hopefully regain our “Good” grading and in the meantime will continue to deliver the quality care Somerset House is known for.

We are extremely fortunate to have a brilliant team of staff who provide a high standard of care to all our residents and this was acknowledged by CQC in the recent inspection. Copies of the report are available on Reception, and should you wish to discuss any matter in further detail please do let me or Julie know.

Giles Livingstone, Owner/Director

You can contact Sue or Suzi on 01934 833905 or by email sue@kingfishercares.com or suzi@kingfishercares.com